



**SANKYU DAIDAIORO OBI**

	Technique Group	Attack	Demo : Defence	Grade
1	<b>tehodoki</b>	ryo te dori	kata gatame ude kujiki	
2	<b>renkowaza</b>	yoko	ude gaeshi	
3		yoko	ura kubi kujiki	
4		yoko	tekubi hishigi - ude garami henka waza	
5		yoko	ashi gatame ude kujiki ka kataha jime	
6	<b>kubitsukamishime</b>	mae	tai otoshi	
7		ushiro	kakewake - morote kata kujiki	
8		yoko	kake te - kobushi ate ka yubisaki ate	
9		ryote kabe	ryo te gatame ude kujiki	
10		antachi mae	ura jumonji gatame ude kujiki	
11	<b>kubishime</b>	kata mawashi	kawashi waza - ura te gatame kata kujiki ka ura ude gatame ude kujiki	
12		ushiro	yoko guruma - morote kata kujiki	
13	<b>tsuki</b>	dosoku	atemi - o soto gari ka ko uchi gari	
14		jun	atemi - o soto gari - tokuiwaza	
15	<b>ushirotori</b>	hikui	kawashi waza - ashi hiki - ashi hineri	
16	<b>maetori</b>		atemi - o goshi - atemi	
17	<b>kidori</b>	sode	o soto gari	
18	<b>antachiwaza</b>	zenpo	guruma gaeshi	
19		sokuho	ude gatame ashi kujiki	
20	<b>sukui</b>	tsukikomi	ude garami henka waza ka tekubi hishigi	
21		tsukikomi	morote gatame ude kujiki	
22		tsukikomi	tawara gaeshi	
23	<b>keri</b>	mawashi geri	kawashi waza - hiza hineri	
24	<b>osaekomi</b>		tome uke - atemi - kawashi waza - atemi	

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INSTRUCTOR AUTHORISE		
GRADING DATE : TIME		
REGISTERED : NOTES		YES/NO



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25	<b>tantodori</b>	tsukikomi	nagashi uke ka irimi uke - ude garami henka waza	
26		kirikomi	nagashi uke - geri - hiji ate	
27		kirikomi	nagashi uke - geri - ude ate	
28	<b>hanbotori</b>	morote furi oroshi	o soto gari ka o soto otoshi ka o soto guruma	
29		morote haishu uchi ka morote mawashi	tai gatame ude kujiki ka yoko tekubi hishigi	
30	<b>kubitsukamishime</b>	katate	soto seoi nage	
31		katate	te gatame ude kujiki	
32		katate	tai gatame ude kujiki	
33		katate	hara gatame ude kujiki	
34		katate	kata tomoe nage	
35		morote	tomoe nage	
36		morote	genseki otoshi	
37		morote	sukui nage	
38		morote	tsuri komi goshi	
39		morote	kata seoi nage	
	<b>TOTAL</b>			

<b>SANKKYU (DAIDAIORO OBI) - Demonstration Examination</b>			Uke	Tori
<b>Group 4 Weapon Attacks</b>				
1	Right hand knife attack from the top to the chest. Right leg forward	nagashitaisabaki - haraiuke - tekubihineri - ashigatame udekujiki		
2	Left hand knife attack upwards to the stomach. Left leg forward	toriuke ka tomeuke - tekubihishigi - tekubihineri		
3	Right back hand stab to the chest. Right leg forward.	irimisenkai taisabaki - toriuke - ashigatame udekujiki		
4	Right hand stick attack to the head. Right leg forward.	irimitaisabaki - haraiuke kotehineri - urategatame udekujiki		
5	Right hand diagonal stick attack to the head.	irimisenkai - seoinage - kansetsuwaza		

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