



ROKKYU KIIRO OBI

	Technique Group	Attack	Demo : Defence	Grade
1	tehodoki	yubi dori	ude ate maai	
2		katate dori	hazushi maai	
3		ryo tekubi dori ue	mae geri hazushi maai	
4		ryo tekubi dori shita	mae geri hazushi maai	
5		morote kote dori ue	hazushi maai	
6		morote kote dori shita	hazushi maai	
7		morote kote dori suihei	tekubihishigi	
8		morote kote dori suihei	dosoku taisabaki atemi	
9		morote kote dori suihei	hazushi maai	
10	renkowaza	yoko	tekubi hishigi	
11		ushiro	tekubi hishigi	
12	kubitsukamishime	mae	sashi waza hiji ate	
13		mae	yubisaki ate hichu	
14		mae	tai gatame ude kujiki	
15		mae	tomoe nage	
16		mae	ude garami	
17		mae	tsurikomi goshi	
18		antachi mae	hiza ate atemi	
19		antachi mae	jumonji gatame ude kujiki	
20		antachi mae	hachi mawashi	
21	kubishime	kata mawashi	ippon seoi-nage	
22		yoko	te guruma tekubi hishigi	
23	tsuki	mawashi	ippon seoi-nage ka morote seoi-nage ka kata eri seoi-nage	
24	kidori	eri	hiji ate kobushi ate	
25	antachiwaza		kakato ate	
26			hiza basami tai gatame ude kujiki	
27	sukui	mijikai	hiza ate maai	
28	keri	mae geri	tome waza sokuto uke ka juji otoshi uke	
29	osaekomi	ushiro	handaken hiji ate	
30		mae	oyayubi ate jinchu	
	TOTAL			

STUDENT NAME		
INSTRUCTOR AUTHORISE		
GRADING DATE : TIME		
REGISTERED : NOTES		YES/NO



堤宝山流柔術

ROKKYU (KIIRO OBI) - Demonstration Examination		Uke	Tori
Group 1 - Hand Attacks			
1	Two hands on the right arm. Right leg forward		
2	Right hand on the right collar. Right leg forward		
3	Two hand approaching strangling from the front. Right leg forward		
4	Two hands straight strangle from right side. Left leg forward		
5	Right hand on the left shoulder high. Right leg forward		

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